

Nutrition Facts

Serving Size 2 Tablespoons (32g)

Servings Per Container about 19

Amount Per Serving	Mix	with added ingredients
Calories	29	97
Calories from Fat	0	63
% Daily Value**		
Total Fat 0g*	0%	11%
Saturated Fat 0g	0%	20%
Trans Fat 0g	-	-
Cholesterol 0mg	0%	6%
Sodium 0mg	0%	2%
Total Carbohydrate 7g	2%	3%
Dietary Fiber 0g	0%	0%
Sugars 7g	-	-
Protein 0g	-	-
Vitamin A	0%	2%
Vitamin C	1%	2%
Calcium	0%	3%
Iron	0%	0%

*Amount in **Lemon Cooler Dip Mix**.

Added ingredients contribute an additional 68 calories, 7g total fat, 4g saturated fat, 0g trans fat, 19mg cholesterol, 43mg sodium, 1g total carbohydrate (0g sugar), 0g protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.