

# Nutrition Facts

Serving Size 2 Tablespoons (23g)

Servings Per Container about 19

Amount Per Serving	Mix	with added ingredients
<b>Calories</b>	30	70
Calories from Fat	0	45
<b>% Daily Value**</b>		
<b>Total Fat</b> 0g*	<b>0%</b>	<b>8%</b>
Saturated Fat 0g	<b>0%</b>	<b>15%</b>
Trans Fat 0g	-	-
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>5%</b>
<b>Sodium</b> 0mg	<b>0%</b>	<b>1%</b>
<b>Total Carbohydrate</b> 7g	<b>2%</b>	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>	<b>0%</b>
Sugars 6g	-	-
<b>Protein</b> 0g	-	-
Vitamin A	0%	4%
Vitamin C	4%	10%
Calcium	0%	2%
Iron	0%	0%

\*Amount in **Tropical Orange Dip Mix**.

Added ingredients contribute an additional 68 calories, 7g total fat, 4g saturated fat, 0g trans fat, 19mg cholesterol, 43mg sodium, 1g total carbohydrate (0g sugar), 0g protein.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.