

Blueberry Walnut Basic (Dip) Recipe

Ingredients needed:

- ★ **Blueberry & Walnut Dip Mix**
- ★ 8 oz. cream cheese, softened*
- ★ 1 cup sour cream
- ★ 1/4 cup water



You may use lowfat or nonfat products with this mix, although results may vary.

**Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.*

Directions:

Mix all ingredients; electric mixer on lowest speed works best. Chill at least 4 hours before serving. Stir before serving. Serve with wheat crackers, butter-type crackers, apple or pear slices, vanilla wafers, cinnamon graham crackers or a cinnamon/spice-type cookie. Delicious stuffed into celery pieces or served on toasted bagels or English muffins. Keep prepared dip refrigerated.

Variation:

You may add an 8 oz. can of crushed pineapple, well drained, to the above recipe.



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