

## *Date Nut Spread Basic (Dip) Recipe*

### *Ingredients needed:*

- ★ **Date Nut Spread Mix**
- ★ 1 cup sour cream
- ★ 8 oz. cream cheese, softened\*
- ★ 1/4 cup water



*You may use lowfat or nonfat products with this mix, although results may vary.*

*\*Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.*

### *Directions:*

Blend sour cream and cream cheese. Add entire packet of mix and water. Mix well. Chill minimum 4 hours. Stir before serving. Serve with apple or pear slices, cinnamon graham crackers, butter-type crackers, wheat crackers, celery or carrot sticks, or bagels. May substitute yogurt with this mix. Keep prepared dip refrigerated.



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