

Mandarin Orange Date Nut Spread

Ingredients needed:

- ★ Date Nut Spread Mix
- ★ 1 cup sour cream
- ★ 8 oz. cream cheese, softened*
- ★ 11 oz. can Mandarin oranges, well drained & chopped**



You may use lowfat or nonfat products with this mix, although results may vary.

**Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.*

****Tip:** drain Mandarin oranges well in can. With sharp knife, carefully slice/chop oranges while in can.

Directions:

Mix all ingredients together; electric mixer works best. Chill at least 4 hours before serving. Stir before serving. Serve with apple or pear slices, cinnamon graham crackers, butter-type crackers, wheat crackers, celery or carrot sticks, or bagels. May substitute yogurt with this mix. Keep prepared dip refrigerated.



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