

Dilly Basic (Dip) Recipe

Ingredients needed:

- ★ Dilly Dip Mix
- ★ 1 cup sour cream
- ★ 1 cup mayonnaise (Do not use salad dressing such as Miracle Whip®, use real mayonnaise.)

You may use lowfat or nonfat products with this mix, although results may vary.

Directions:

Blend sour cream, mayonnaise and entire packet of mix. Mix well. Chill overnight or minimum of 4 hours. Dip is more flavorful if allowed to chill overnight. Stir before serving. Serve with vegetables, crackers, pretzels or chips. May also add spices to 2 to 3 cups sour cream. Keep prepared dip refrigerated.

Variation:

Blend 2 cups sour cream, 1 cup mayonnaise and entire packet of **Dilly Dip Mix** for a less intense dill flavor.

Lo-Call/Lowfat Version:

Add packet to 2 to 3 cups lowfat plain yogurt, OR add packet to 3 cups blended cottage cheese. Mix well. Chill overnight or minimum 4 hours. Stir before serving. May also use 1 cup lowfat mayonnaise and 1 cup lowfat sour cream.



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