

Fruit Dip Basic (Dip) Recipe

Ingredients needed:

- ★ Fruit Dip Mix
- ★ 1/4 cup hot water
- ★ 8 oz. cream cheese, softened*



You may use lowfat or nonfat products with this mix, although results may vary.

**Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.*

Before starting, read directions thoroughly and make sure all utensils you will be using are clean and grease free.

Directions:

Empty packet into medium-size, deep bowl. Add hot water. Mix with fork to blend, then beat with electric mixer on high speed approximately 2 to 3 minutes until light and fluffy. Mixture should form stiff peaks. Add softened cream cheese. Mix cream cheese in by hand until well blended. Chill 2 hours before serving. Makes approximately 2 cups of dip.

SERVE WITH ANY TYPE OF FRUIT (fresh, frozen, canned or dried) such as apples, bananas, strawberries, peaches, pears, grapes, mandarin orange sections, pineapple, melon, etc. May also be used as a topping for fruit salads, melon slices or balls, or gelatin fruit salads.



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