

## Harvest Pumpkin Basic (Dip) Recipe

### Ingredients needed:

- ★ Harvest Pumpkin Dip Mix
- ★ 1/3 cup hot water
- ★ 8 oz. cream cheese, softened\*
- ★ optional: 1/2 cup toasted\*\*, chopped pecans or walnuts



*You may use lowfat or nonfat products with this mix, although results may vary.*

*\*Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.*

*\*\*Toast pecans or walnuts in small pan over medium heat for approximately 3 to 5 minutes, stirring constantly. Do not scorch nuts.*

### Directions:

Place mix into medium-size bowl. Add water, mix with fork and allow to set 5 minutes. Blend in softened cream cheese with fork, then mix well using an electric mixer (whip for approximately 2 minutes with mixer).

*Optional:* fold in nuts. Chill minimum of 4 hours. Stir before serving. Serve with gingersnap or cinnamon-type cookies, apple or pear slices, vanilla wafers, animal crackers or graham crackers.

*If dip appears too thick after chilling, add water (1 Tablespoon at a time) to reach desired consistency.*



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