

Spinach Basic (Dip) Recipe



Ingredients needed:

★ Spinach Dip Mix

★ 1 cup sour cream

★ 1 cup mayonnaise (Do not use salad dressing such as Miracle Whip®, use real mayonnaise.)

You may use lowfat or nonfat products with this mix, although results may vary.

Directions:

Blend mayonnaise and sour cream. Add entire packet of mix. Mix well. Chill minimum of 4 hours. Stir before serving. Serve with vegetables, crackers or pieces of dark bread (i.e., Jewish Rye, pumpernickel, etc.) Keep prepared dip refrigerated.

Serving idea:

Mix dip according to directions and serve dip in a carved-out loaf of round dark bread. This will be your bowl. Use pieces of bread you carved out for dipping. "Bowl" may also be torn into pieces and eaten.

Variations:

For a less "rich" dip, use 1-1/2 cups of sour cream and 1/2 cup mayonnaise. Add entire packet of mix. Mix well. Chill minimum of 4 hours. May wish to add 1 small can of water chestnuts, drained and chopped.



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